



31 DAYS TO FINISH STRONG

• A Hope-Filled Devotional for **Seniors** •



FAITHFULNESS



PEACE



PURPOSE



LEGACY



TRUTH ROOTED IN SCRIPTURE.
— APPLIED TO LIFE. ONE DAY AT A TIME. —

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Welcome

A devotional designed to encourage seniors with biblical hope, steady faith, and practical encouragement.

This 31-day devotional was created to help seniors stay rooted in God's Word, strengthened by His promises, and encouraged in the season they are living right now.

Every day includes a Scripture reading, a short devotional thought, a reflection question, a practical next step, and a prayer. The goal is simple: to help you walk closely with Jesus and finish strong in faith.

Whether you are facing change, carrying grief, praying for family, or simply longing to keep growing, God's Word has hope and direction for you.

How to Use This Devotional

HOW TO USE

Read the day's Bible passage and key Scripture text slowly.

SUGGESTED DAILY TIME

10–15 minutes



About Greg Becker

Founder of Got a Minute?



Greg Becker

Got a Minute?

Greg Becker is the founder of Got a Minute? and has been following Jesus since 1985.

He lives in Corona, California, with his wife of 39 years. Greg is the father of three daughters and grandfather to three granddaughters and two grandsons.

Greg serves in ministry development, as a deacon, in men's ministry, in convalescent outreach, and in teaching ministries that help people know and live God's Word.

Through Got a Minute?, Greg shares short, clear, Christ-centered teaching to help people discover biblical truth and apply it to everyday life.

MISSION

Truth rooted in Scripture. Applied to life. One day at a time.



DAY 1

Faithfulness Through the Years

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Week 1 • Faithfulness and Purpose in Every Season



DAILY BIBLE READING (NLT) | Psalm 92:12–15

SCRIPTURE TEXT (Psalm 92:14, NLT)

“Even in old age they will still produce fruit; they will remain vital and green.”

One of the enemy’s lies is that later years are lesser years. Scripture says the opposite. God delights in a life that keeps bearing fruit long after the world would expect someone to slow down spiritually.

Your assignment may look different than it did in earlier seasons, but it is not over. Through prayer, wisdom, encouragement, faithfulness, and example, God can use you powerfully right now.

Fruitfulness in this season is not measured only by activity. It is seen in steady trust, a soft heart, godly perspective, and a life that continues to point others to Christ.

THINK ABOUT IT

Where do you need to believe again that God can still use you in this season?

TODAY’S STEP

Thank God for at least three ways He has been faithful through the years, and ask Him to show you how to bear fruit today.

PRAYER

Father, thank You that my usefulness is not over. Help me to keep bearing fruit for Your glory in this season of life. Amen.



DAY 2

God Is Still Writing Your Story

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Week 1 • Faithfulness and Purpose in Every Season



DAILY BIBLE READING (NLT) | Philippians 1:3–6

SCRIPTURE TEXT (Philippians 1:6, NLT)

“And I am certain that God, who began the good work within you, will continue his work until it is finally finished on the day when Christ Jesus returns.”

It is easy to look backward and think your best chapters are behind you. But the Lord is not finished with you. His work in your heart, mind, and character continues every day.

God is not only interested in where you have been. He is deeply involved in where you are now and where He is still leading you. His grace continues to shape you.

You may feel unfinished, but that is not a sign of failure. It is evidence that God is still at work.

THINK ABOUT IT

What area of your life still needs God's shaping hand?

TODAY'S STEP

Invite God to continue His good work in one specific area—your attitude, trust, prayer life, or relationships.

PRAYER

Lord, thank You that You are still working in me. Keep shaping me into the image of Christ. Amen.



DAY 3

Held by God in Every Season

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Week 1 • Faithfulness and Purpose in Every Season



DAILY BIBLE READING (NLT) | Isaiah 46:3–4

SCRIPTURE TEXT (Isaiah 46:4, NLT)

"I will be your God throughout your lifetime—until your hair is white with age. I made you, and I will care for you. I will carry you along and save you."

God does not grow distant as the years pass. He remains the same faithful God who formed you, called you, and carried you.

The changes of aging can bring uncertainty, but they do not remove God's promises. He still sees you, still cares for you, and still carries you.

You are not navigating this season alone. The God who held you in youth is holding you now.

THINK ABOUT IT

How does it strengthen your heart to remember that God is still carrying you?

TODAY'S STEP

Read Isaiah 46:4 aloud today and turn it into a personal thank-you to God.

PRAYER

God, thank You for carrying me through every season. Help me rest in Your care today. Amen.



DAY 4

Peace for Slower Seasons

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Week 1 • Faithfulness and Purpose in Every Season



DAILY BIBLE READING (NLT) | Psalm 23:1–3

SCRIPTURE TEXT (Psalm 23:2–3, NLT)

“He lets me rest in green meadows; he leads me beside peaceful streams. He renews my strength.”

A slower season can feel frustrating if you are used to moving fast. Yet God often does deep work in quiet places.

The Lord is not only the Shepherd of busy seasons. He is also the Shepherd of restful, reflective, and quieter days. He knows how to renew your soul.

Instead of resisting the pace God has allowed, ask Him what He wants to teach you in it.

THINK ABOUT IT

What might God want to renew in you through a quieter season?

TODAY'S STEP

Spend ten extra minutes in stillness with the Lord today, letting His Word and presence calm your heart.

PRAYER

Shepherd of my soul, teach me to receive Your peace and renewal in this season. Amen.



DAY 5

Purpose Beyond Retirement

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Week 1 • Faithfulness and Purpose in Every Season



DAILY BIBLE READING (NLT) | Ephesians 2:8–10

SCRIPTURE TEXT (Ephesians 2:10, NLT)

“For we are God’s masterpiece. He has created us anew in Christ Jesus, so we can do the good things he planned for us long ago.”

Retirement may end a career, but it does not end your calling. God still has meaningful works prepared for you.

Some of those works may be public, but many will be deeply personal—prayer, discipleship, encouragement, generosity, hospitality, and steady faithfulness.

Your title may change, but your purpose in Christ does not.

THINK ABOUT IT

What good works might God be inviting you into during this stage of life?

TODAY’S STEP

Ask God to show you one practical way to serve someone this week.

PRAYER

Lord, thank You that my purpose is found in You. Show me the good works You have prepared for me. Amen.



DAY 6

Strength When the Body Feels Weak

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Week 1 • Faithfulness and Purpose in Every Season



Got a Minute?

Truth Rooted in Scripture

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Got a Minute?

Truth Rooted in Scripture

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DAILY BIBLE READING (NLT) | 2 Corinthians 12:7–10

SCRIPTURE TEXT (2 Corinthians 12:9, NLT)

“My grace is all you need. My power works best in weakness.”

Physical weakness can be discouraging. It reminds us that our bodies are fragile and our limitations are real. Yet weakness does not disqualify you from experiencing God’s power. In fact, weakness often becomes the place where His strength shines brightest.

God’s grace is not small or temporary. It is enough for what you face today.

THINK ABOUT IT

Where do you most need to receive God’s grace today?

TODAY’S STEP

Instead of focusing only on what feels weak, thank God for one way He is sustaining you.

PRAYER

Jesus, meet me in my weakness. Let Your grace and strength be enough for me today. Amen.



DAY 7

Joy in the Day God Has Given

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Week 1 • Faithfulness and Purpose in Every Season



DAILY BIBLE READING (NLT) | Psalm 118:19–24

SCRIPTURE TEXT (Psalm 118:24, NLT)

“This is the day the Lord has made. We will rejoice and be glad in it.”

Not every day feels easy, but every day is still a gift from God. Rejoicing is not pretending life is perfect; it is recognizing that God is present.

Joy grows when we learn to see grace in ordinary moments—the sunrise, a conversation, a memory, a promise from Scripture.

The Lord gives enough grace for today, not just for yesterday or tomorrow.

THINK ABOUT IT

What gifts from God can you thank Him for today?

TODAY'S STEP

Write down three simple blessings from today and thank God for each one.

PRAYER

Father, open my eyes to Your gifts today and help me walk in joy. Amen.

DAY 8

Trusting God with Health Concerns

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Week 2 • Strength, Change, and God's Care

**DAILY BIBLE READING (NLT) | Isaiah 41:8–10****SCRIPTURE TEXT (Isaiah 41:10, NLT)***"Don't be afraid, for I am with you. Don't be discouraged, for I am your God. I will strengthen you and help you."*

Health concerns can stir fear quickly. Questions, appointments, treatments, and unknowns can weigh heavily on the heart.

God does not ask you to ignore reality. He invites you to face it with Him. His presence is your strength, even when answers are delayed.

He is with you in exam rooms, waiting rooms, sleepless nights, and quiet prayers.

THINK ABOUT IT

What specific health concern do you need to place in God's hands today?

TODAY'S STEP

Pray specifically over one health concern and ask a trusted believer to pray with you.

PRAYER

God, You know every detail of my body and every concern in my heart. Strengthen me and help me trust You. Amen.



DAY 9

Facing Change Without Fear

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Week 2 • Strength, Change, and God's Care



DAILY BIBLE READING (NLT) | Hebrews 13:5–8

SCRIPTURE TEXT (Hebrews 13:8, NLT)

“Jesus Christ is the same yesterday, today, and forever.”

Life changes. Routines shift. Roles change. Familiar places and familiar people may not always remain the same.

But when everything around you changes, Jesus does not. His character, promises, and love remain steady. Because Christ is unchanging, you can walk through change with peace instead of panic.

THINK ABOUT IT

What change is hardest for you right now?

TODAY'S STEP

Name the change that feels hardest, then thank Jesus for three things about Him that never change.

PRAYER

Jesus, when life changes around me, anchor my heart in Your unchanging faithfulness. Amen.



DAY 10

When Loneliness Visits

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Week 2 • Strength, Change, and God's Care



Got a Minute?

Truth Rooted in Scripture

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Got a Minute?

Truth Rooted in Scripture

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DAILY BIBLE READING (NLT) | Deuteronomy 31:6–8

SCRIPTURE TEXT (Deuteronomy 31:8, NLT)

"Do not be afraid or discouraged, for the Lord will personally go ahead of you. He will be with you; he will neither fail you nor abandon you."

Loneliness can come even when people are around. It can deepen after loss, relocation, retirement, or changes in routine.

God's presence does not erase every ache, but it does mean you are never abandoned. He personally goes with you.

And sometimes His care comes through the body of Christ—through a call, a visit, a prayer, or a simple act of kindness.

THINK ABOUT IT

How can you lean into both God's presence and godly community today?

TODAY'S STEP

Reach out to one person today instead of waiting in silence.

PRAYER

Lord, meet me in lonely places and remind me that I am never alone in You. Amen.



DAY 11

Praying for Children and Grandchildren

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Week 2 • Strength, Change, and God's Care



DAILY BIBLE READING (NLT) | 3 John 1:1–4

SCRIPTURE TEXT (3 John 1:4, NLT)

"I could have no greater joy than to hear that my children are following the truth."

One of the greatest burdens and blessings of later years is prayer for the next generation. You care deeply about the faith and well-being of your family.

Some prayers are answered quickly. Others take years. Keep praying. God hears every prayer offered in faith.

Never underestimate the influence of persistent prayer over children, grandchildren, and spiritual children.

THINK ABOUT IT

Who in the next generation is especially on your heart right now?

TODAY'S STEP

Write down the names of those you are praying for and speak a brief prayer over each one today.

PRAYER

Father, draw my children and grandchildren close to You. Let them walk in truth and know Your love. Amen.



DAY 12

Leaving a Godly Legacy

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Week 2 • Strength, Change, and God's Care



DAILY BIBLE READING (NLT) | Psalm 78:1–7

SCRIPTURE TEXT (Psalm 78:4, NLT)

"We will tell the next generation about the glorious deeds of the Lord, about his power and his mighty wonders."

Legacy is more than what you leave behind materially. It is what you pass on spiritually—stories of God's faithfulness, lessons learned, and a life of integrity.

The next generation needs more than information. They need living examples of trust in God.

Your testimony still matters. Your words, prayers, and example can shape lives long after you are gone.

THINK ABOUT IT

What story of God's faithfulness should you share with someone younger?

TODAY'S STEP

Tell one person this week about a specific way God has been faithful in your life.

PRAYER

Lord, help me leave a legacy that points people to You. Use my life and testimony for Your glory. Amen.



DAY 13

Holding On in Grief

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Week 2 • Strength, Change, and God's Care



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Truth Rooted in Scripture

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Got a Minute?

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DAILY BIBLE READING (NLT) | Psalm 34:17–19

SCRIPTURE TEXT (Psalm 34:18, NLT)

"The Lord is close to the brokenhearted; he rescues those whose spirits are crushed."

Grief is often a companion in later years. The losses may be many—people, health, routines, dreams, or independence.

God does not shame your sorrow. He draws near to it. He is close to the brokenhearted, not distant from them.

Healing in grief is not forgetting. It is learning to keep walking with Jesus while carrying the ache honestly before Him.

THINK ABOUT IT

What grief do you need to bring honestly to the Lord today?

TODAY'S STEP

Take a few quiet moments to name your loss before God and ask Him to meet you there.

PRAYER

Lord, You know every grief I carry. Draw near to me and give me Your comfort and strength. Amen.



DAY 14

Contentment in Every Circumstance

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Week 2 • Strength, Change, and God's Care



DAILY BIBLE READING (NLT) | Philippians 4:10–13

SCRIPTURE TEXT (Philippians 4:11, NLT)

"I have learned how to be content with whatever I have."

Contentment is not automatic. It is learned. Even after many years, the heart can still struggle with wishing life were different.

Paul learned contentment by depending on Christ rather than circumstances. That same grace is available to you.

Contentment does not mean there is no pain. It means Christ is enough even when life is imperfect.

THINK ABOUT IT

Where are you tempted to focus on what is missing instead of God's provision?

TODAY'S STEP

Thank God specifically for His provision in one area where you have been tempted to complain.

PRAYER

Jesus, teach me contentment. Help me rest in Your goodness and sufficiency. Amen.



DAY 15

The Gift of Wisdom

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Week 3 • Wisdom, Legacy, and Daily Faithfulness



DAILY BIBLE READING (NLT) | James 1:2–8

SCRIPTURE TEXT (James 1:5, NLT)

“If you need wisdom, ask our generous God, and he will give it to you.”

Wisdom is one of the beautiful gifts God offers in every season of life. And later years often give a wider lens through which to see what matters most.

Yet there are still decisions to make and situations that require discernment. God never tires of giving wisdom to His children.

When you ask Him, ask with confidence in His generous heart.

THINK ABOUT IT

What decision or situation do you need wisdom for right now?

TODAY'S STEP

Pray specifically for wisdom in one matter and wait before acting impulsively.

PRAYER

Generous God, give me wisdom for the choices and conversations before me. Amen.



DAY 16

Encouraging the Next Generation

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Week 3 • Wisdom, Legacy, and Daily Faithfulness



Got a Minute?

Truth Rooted in Scripture

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Got a Minute?

Truth Rooted in Scripture

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DAILY BIBLE READING (NLT) | Titus 2:1–5

SCRIPTURE TEXT (Titus 2:3, NLT)

“Similarly, teach the older women to live in a way that honors God.”

God has always intended for older believers to strengthen younger ones. Your example matters. Your counsel matters. Your calm faith matters.

You do not have to be perfect to be helpful. God can use your experience, your warnings, your comfort, and your wisdom to encourage others.

The younger generation needs both truth and tenderness. You can offer both.

THINK ABOUT IT

Who might benefit from your encouragement or wisdom?

TODAY'S STEP

Send a note, make a call, or offer a word of encouragement to someone younger this week.

PRAYER

Lord, use my life to encourage those coming behind me. Let my example honor You. Amen.



DAY 17

God's Word Still Guides You

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Week 3 • Wisdom, Legacy, and Daily Faithfulness



DAILY BIBLE READING (NLT) | Psalm 119:97-105

SCRIPTURE TEXT (Psalm 119:105, NLT)

"Your word is a lamp to guide my feet and a light for my path."

No matter how many years you have walked with Christ, you still need His Word. Scripture keeps your heart steady, your mind clear, and your path illuminated.

The Bible is not only for crisis moments. It is daily light for ordinary days and ongoing guidance for faithful living.

Keep staying near the Word. It will never lose its power to guide you.

THINK ABOUT IT

How can you make God's Word a more intentional part of your daily routine?

TODAY'S STEP

Read one Psalm slowly today and ask God to highlight one truth for you.

PRAYER

Father, thank You for Your Word. Let it guide my steps and shape my heart. Amen.



DAY 18

When You Feel Forgotten

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Week 3 • Wisdom, Legacy, and Daily Faithfulness



DAILY BIBLE READING (NLT) | Isaiah 49:13–16

SCRIPTURE TEXT (Isaiah 49:16, NLT)

“See, I have written your name on the palms of my hands.”

Sometimes later years can bring the painful feeling of being overlooked or forgotten. Others may be busy, and your world may feel smaller than it once did.

But you are never forgotten by God. He sees you with personal, tender attention. Your name is known to Him.

When people fail, God does not. His remembrance of you is constant and full of love.

THINK ABOUT IT

How does God's personal care for you speak to a place of hurt in your heart?

TODAY'S STEP

Meditate on Isaiah 49:16 and let it remind you that you are fully seen by God.

PRAYER

Lord, when I feel overlooked, remind me that I am known and loved by You. Amen.



DAY 19

Worship in Every Season

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Week 3 • Wisdom, Legacy, and Daily Faithfulness



DAILY BIBLE READING (NLT) | Psalm 71:14–18

SCRIPTURE TEXT (Psalm 71:18, NLT)

“Now that I am old and gray, do not abandon me, O God. Let me proclaim your power to this new generation, your mighty miracles to all who come after me.”

Worship is not limited by age. In fact, years of walking with God often deepen worship because you have more stories of His faithfulness.

Your praise carries weight. It comes from tested experience, not just theory. When you worship, you testify that God has been good through many seasons.

Let worship remain a living part of your life, not a memory of earlier days.

THINK ABOUT IT

What has God done in your life that still gives you reason to praise Him?

TODAY'S STEP

Spend time today worshiping God for one specific act of faithfulness in your life.

PRAYER

God, keep praise alive in my heart. Let my life continue to testify to Your goodness. Amen.



DAY 20

Fighting Anxiety with Prayer

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Week 3 • Wisdom, Legacy, and Daily Faithfulness



Got a Minute?

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Got a Minute?

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DAILY BIBLE READING (NLT) | Philippians 4:4–9

SCRIPTURE TEXT (Philippians 4:6–7, NLT)

“Don’t worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done. Then you will experience God’s peace.”

Anxiety does not disappear simply because you have lived a long life. Worries about family, finances, health, and the future can still surface.

God’s answer is not shame but invitation: pray about everything. He welcomes your requests and offers peace that guards your heart.

Peace may not remove every question, but it steadies you in the middle of them.

THINK ABOUT IT

What are you anxious about today?

TODAY’S STEP

Turn one specific worry into a prayer, and thank God for one way He has helped you before.

PRAYER

Father, I bring my worries to You. Fill my heart with the peace of Christ today. Amen.



DAY 21

Forgiving Old Wounds

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Week 3 • Wisdom, Legacy, and Daily Faithfulness



Got a Minute?

Truth Rooted in Scripture

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Got a Minute?

Truth Rooted in Scripture

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DAILY BIBLE READING (NLT) | Colossians 3:12–15

SCRIPTURE TEXT (Colossians 3:13, NLT)

"You must make allowance for each other's faults and forgive the person who offends you. Remember, the Lord forgave you, so you must forgive others."

Some hurts stay with us for years. Time alone does not always heal them. Sometimes the Lord invites us to forgive again and release the burden to Him.

Forgiveness does not call evil good. It places justice in God's hands and frees your heart from bitterness.

In Christ, you have been deeply forgiven. That grace gives you strength to forgive others.

THINK ABOUT IT

Is there an old wound the Lord is asking you to surrender to Him?

TODAY'S STEP

Name one hurt before God and ask Him for grace to forgive from the heart.

PRAYER

Lord, help me release old wounds to You and forgive as I have been forgiven. Amen.



DAY 22

Making the Most of Today

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Week 4 • Hope, Service, and Finishing Strong



DAILY BIBLE READING (NLT) | Psalm 90:10–12

SCRIPTURE TEXT (Psalm 90:12, NLT)

“Teach us to realize the brevity of life, so that we may grow in wisdom.”

The passing of time becomes more noticeable with age. That awareness can either make us fearful or make us wise.

God invites you to number your days—not with dread, but with purpose. Every day is an opportunity to love, pray, bless, worship, and trust Him.

When you value today as a gift, you live it more intentionally.

THINK ABOUT IT

What would it look like to live this day wisely and purposefully?

TODAY'S STEP

Choose one meaningful thing you can do today that reflects God's priorities.

PRAYER

Lord, teach me to use my days wisely and to live each one for Your glory. Amen.



DAY 23

Serving Even Now

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Week 4 • Hope, Service, and Finishing Strong



DAILY BIBLE READING (NLT) | 1 Peter 4:7–11

SCRIPTURE TEXT (1 Peter 4:10, NLT)

“God has given each of you a gift from his great variety of spiritual gifts. Use them well to serve one another.”

Service may look different now than it once did, but it still matters. You can still serve through prayer, encouragement, giving, wisdom, kindness, and faithfulness.

The body of Christ needs believers of every age. Your contribution is still valuable.

Ask God not only what you can no longer do, but what you can still do for His glory.

THINK ABOUT IT

How can you serve someone in a way that fits your season and strength?

TODAY'S STEP

Do one intentional act of service this week, even if it seems small.

PRAYER

Jesus, show me how to serve You and others in this season with willing joy. Amen.



DAY 24

A Gentle Witness

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Week 4 • Hope, Service, and Finishing Strong



DAILY BIBLE READING (NLT) | 1 Peter 3:13–16

SCRIPTURE TEXT (1 Peter 3:15, NLT)

“If someone asks about your hope as a believer, always be ready to explain it.”

Your life tells a story. The peace, steadiness, and hope you carry may open doors for people to ask about your faith.

You do not need a platform to be a witness. Simple conversations, sincere kindness, and honest testimony can point others to Jesus.

A gentle witness is often a powerful witness.

THINK ABOUT IT

Who around you might be watching the way you live out your faith?

TODAY'S STEP

Ask God for one opportunity to share your hope in a natural and gracious way.

PRAYER

Lord, let my life point others to You. Give me grace and boldness to share my hope. Amen.



DAY 25

Hope Beyond This World

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Week 4 • Hope, Service, and Finishing Strong



DAILY BIBLE READING (NLT) | 2 Corinthians 4:16–18

SCRIPTURE TEXT (2 Corinthians 4:16, NLT)

“That is why we never give up. Though our bodies are dying, our spirits are being renewed every day.”

The outward body may weaken, but in Christ the inward life can keep growing stronger. The Lord renews His people day by day.

Christian hope is not built on this world lasting forever. It is built on unseen realities that are eternal.

When your eyes are fixed on eternity, discouragement loses some of its power.

THINK ABOUT IT

How does eternal hope change the way you view your present challenges?

TODAY'S STEP

Thank God today for one promise about eternity that strengthens your heart.

PRAYER

God, renew my inner life and keep my eyes fixed on eternal things. Amen.



DAY 26

Heaven Is Closer Than You Think

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Week 4 • Hope, Service, and Finishing Strong



DAILY BIBLE READING (NLT) | John 14:1–6

SCRIPTURE TEXT (John 14:2–3, NLT)

“When everything is ready, I will come and get you, so that you will always be with me where I am.”

For the believer, heaven is not a vague idea. It is a sure promise because Jesus Himself prepared the way. Christ’s promise of heaven brings comfort, courage, and anticipation. Your future is not uncertain if your trust is in Him.

The closer we get to eternity, the more precious these promises become.

THINK ABOUT IT

What comfort does Jesus’ promise of heaven bring you today?

TODAY’S STEP

Read John 14 slowly and let Christ’s words calm any fear about the future.

PRAYER

Jesus, thank You for preparing a place for me. Let the hope of heaven strengthen my heart. Amen.



DAY 27

Finishing Strong in Faith

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Week 4 • Hope, Service, and Finishing Strong



DAILY BIBLE READING (NLT) | 2 Timothy 4:6–8

SCRIPTURE TEXT (2 Timothy 4:7, NLT)

"I have fought the good fight, I have finished the race, and I have remained faithful."

Finishing strong is not about perfection. It is about perseverance. It is about staying faithful to Jesus to the very end.

Paul looked back on his life with the quiet confidence of someone who had kept walking with the Lord. That same grace is available to you.

The goal is not simply to age. It is to keep trusting, obeying, loving, and following Christ through every remaining mile.

THINK ABOUT IT

What does finishing strong in faith look like for you right now?

TODAY'S STEP

Ask God to strengthen your endurance and identify one habit that will help you remain spiritually steady.

PRAYER

Lord, help me finish strong. Keep me faithful to You all the way to the end. Amen.



DAY 28

God's Comfort in the Night

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Week 4 • Hope, Service, and Finishing Strong



DAILY BIBLE READING (NLT) | Psalm 46:1–3, 10–11

SCRIPTURE TEXT (Psalm 46:1, NLT)

"God is our refuge and strength, always ready to help in times of trouble."

Night can be a difficult time. Worries often feel louder in the dark, and pain or loneliness can seem heavier. God is still present in the night. He is not absent from restless thoughts or weary hours. He remains your refuge and strength.

Sometimes peace comes not by having all the answers, but by knowing who is with you in the night.

THINK ABOUT IT

What burden most often surfaces in quiet or sleepless moments?

TODAY'S STEP

Keep a verse by your bedside and read it when worry begins to rise.

PRAYER

God, be my refuge in the night. Calm my heart and let me rest in Your presence. Amen.



DAY 29

Still Bearing Fruit

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DAILY BIBLE READING (NLT) | John 15:1–8

SCRIPTURE TEXT (John 15:5, NLT)

“Yes, I am the vine; you are the branches. Those who remain in me, and I in them, will produce much fruit.”

Fruitfulness does not come from trying harder in your own strength. It comes from remaining in Christ. As you stay close to Jesus, His life flows through you. That is true at every age, including later years. Abiding in Christ keeps you spiritually fresh and makes your life a blessing to others.

THINK ABOUT IT

How can you remain more consciously connected to Christ today?

TODAY'S STEP

Take several moments today to pause and quietly remind yourself, “Jesus, I am depending on You.”

PRAYER

Jesus, keep me abiding in You so that my life continues to bear fruit. Amen.



DAY 30

Waiting with Expectation

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DAILY BIBLE READING (NLT) | Lamentations 3:21–26

SCRIPTURE TEXT (Lamentations 3:25, NLT)

“The Lord is good to those who depend on him, to those who search for him.”

There are prayers that seem to take a long time. There are answers we wish would come sooner. Waiting can be wearying.

Yet waiting with God is never wasted. He meets those who depend on Him, and His timing remains wise even when we do not understand it.

Hopeful waiting keeps the heart open to what God will do next.

THINK ABOUT IT

Where are you being asked to wait on God right now?

TODAY'S STEP

Surrender one delayed answer to God and tell Him you trust His timing.

PRAYER

Father, teach me to wait with hope and confidence in Your goodness. Amen.



DAY 31

Well Done, Good and Faithful Servant

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DAILY BIBLE READING (NLT) | Matthew 25:14–23

SCRIPTURE TEXT (Matthew 25:21, NLT)

“Well done, my good and faithful servant. You have been faithful in handling this small amount, so now I will give you many more responsibilities.”

At the end of the day, the goal of the Christian life is not applause from people. It is the approval of the Master.

Jesus values faithfulness. Not fame, not recognition, not outward success alone—but faithful obedience.

Live today with that eternal perspective. Every quiet act of trust and obedience matters to Him.

THINK ABOUT IT

How does the desire to hear “Well done” shape the way you want to live today?

TODAY'S STEP

Offer your day to God and ask Him to help you be faithful in every small thing before you.

PRAYER

Lord, help me live faithfully so that my life honors You and points toward eternity. Amen.



Start Here: Have You Trusted Jesus?

Jesus Christ is the only One who can forgive sin and give eternal life. Salvation is not earned by being good enough. It is received by grace through faith in Christ.

If you have never trusted Jesus, you can turn to Him today. Admit your need, believe that Jesus died and rose again for you, and place your trust in Him.

If you would like help taking that step, visit gotamminute.us/start-here or reach out to questions@gotamminute.us.

A PRAYER OF FAITH

Jesus, I know that I am a sinner and I need Your forgiveness. I believe You died on the cross for my sins and rose again. Today I turn to You and place my trust in You alone as my Savior and Lord. Thank You for saving me and giving me new life. Amen.



Keep Growing

Keep reading your Bible daily, even if it is just a small portion at a time.

Pray honestly and regularly. God welcomes your heart.

Stay connected to a Bible-teaching church and to other believers.

Keep asking questions and keep growing. God is faithful to lead you.



About Got a Minute?

Got a Minute? exists to help people understand biblical truth and apply it to everyday life. Through short, clear, Christ-centered teaching, we answer the questions people are already asking about God, the Bible, faith, salvation, and life.

Website: gotamminute.us

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