



31 DAYS TO MAKE YOUR FAITH REAL

A Real-Life Devotional for
Young Adults Ages 18–30



IDENTITY •



PURPOSE •



RELATIONSHIPS •



THE FUTURE



TRUTH ROOTED IN SCRIPTURE.
APPLIED TO LIFE. ONE MINUTE AT A TIME.

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Welcome

A 31-day guide for young adults navigating faith, purpose, relationships, and the future.

Young adulthood can be exciting, uncertain, and exhausting at the same time. You may be making major decisions while still trying to understand who you are. These 31 days are designed to help you bring real-life questions into the light of Scripture and follow Jesus with clarity and courage.

Each day includes an NLT Bible reading, a selected key verse, original commentary, a reflection question, a practical step, and a prayer. Read the complete passage first. Then slow down and allow God's Word to shape your choices, relationships, and future.

How to Use This Devotional

1. BEGIN WITH PRAYER

Ask God for understanding and a willing heart.

2. READ THE PASSAGE

Read the complete NLT passage listed at the top.

3. READ SLOWLY

Notice what the passage reveals about God, you, and faithful living.

4. ANSWER HONESTLY

Use the reflection question in a journal or conversation.

5. TAKE THE STEP

Complete the practical action before the day ends.

6. PRAY

Use the written prayer, then continue in your own words.

7. KEEP GOING

Missing a day is not failure. Return and continue.



About Greg Becker

Founder of Got a Minute?



Greg Becker

Got a Minute?

Greg Becker is the founder of Got a Minute? and has followed Jesus since 1985.

He lives in Corona, California, with his wife of 39 years and serves in ministry development, church leadership, outreach, and Bible teaching.

Through Got a Minute?, Greg shares short, clear, Christ-centered teaching that helps people understand biblical truth and apply it to everyday life.

MISSION

Helping people discover biblical truth and follow Jesus in real life.



DAY 1

Your Identity Is Bigger Than Your Achievements

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Week 1 - Knowing Who You Are

DAILY BIBLE READING (NLT) | Ephesians 1:3-14

KEY SCRIPTURE (EPHESIANS 1:4, NLT)

"Even before he made the world, God loved us and chose us in Christ to be holy and without fault in his eyes."

Young adulthood can feel like one long evaluation. Degrees, jobs, relationships, money, and appearance can become measures of worth. But your achievements were never meant to carry your identity. Before you earned anything, God loved and chose you in Christ. Your goals matter, but they do not determine your value. Success can change overnight; your belonging to Jesus does not.

THINK ABOUT IT

What achievement or opinion carries too much weight in how you see yourself?

TODAY'S STEP

Write three statements from Ephesians 1 describing who you are in Christ.

PRAYER

Father, help me live from the identity You have given me in Christ, not from performance or approval. Amen.



DAY 2

You Do Not Have to Have Life Figured Out

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Week 1 - Knowing Who You Are

DAILY BIBLE READING (NLT) | Proverbs 3:1-8

KEY SCRIPTURE (PROVERBS 3:5-6, NLT)

"Trust in the Lord with all your heart; do not depend on your own understanding. Seek his will in all you do, and he will show you which path to take."

People may expect you to know exactly where your life is going. Usually, clarity comes one faithful step at a time, not as a complete map. Trusting God does not mean refusing to plan; it means refusing to make your plan your god. Start with what Scripture makes clear, seek wise counsel, and obey the next step.

THINK ABOUT IT

Where are you demanding certainty before you are willing to obey?

TODAY'S STEP

Name one clear next step and take it within 24 hours.

PRAYER

Lord, direct my path as I trust and obey You today. Amen.



DAY 3

Following Jesus in a Culture of Self

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Week 1 - Knowing Who You Are

DAILY BIBLE READING (NLT) | Luke 9:23-25

KEY SCRIPTURE (LUKE 9:23, NLT)

"If any of you wants to be my follower, you must give up your own way, take up your cross daily, and follow me."

Culture often says freedom means doing whatever feels authentic. Jesus offers deeper freedom through surrender. Following Him means allowing Him to lead your relationships, sexuality, money, ambitions, and online life. The cross becomes practical when you choose truth over image, purity over impulse, and service over attention. Grace does not make discipleship optional; it makes it possible.

THINK ABOUT IT

Where does your own way compete most strongly with Jesus' way?

TODAY'S STEP

Choose one specific act of surrender today.

PRAYER

Jesus, teach me to follow You when obedience costs comfort, approval, or control. Amen.



DAY 4

When You Feel Behind in Life

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Week 1 - Knowing Who You Are

DAILY BIBLE READING (NLT) | Psalm 139:13-18

KEY SCRIPTURE (PSALM 139:14, NLT)

"Thank you for making me so wonderfully complex! Your workmanship is marvelous—how well I know it."

Other people's milestones can make your life feel late. Comparison turns different timelines into evidence that something is wrong with you. Psalm 139 reminds you that your life is not accidental. God knows your days and your current season. Being unfinished is not the same as being forgotten. You are not behind God's plan when you are faithfully walking with Him.

THINK ABOUT IT

Whose timeline are you using to judge your own life?

TODAY'S STEP

Take a 24-hour break from the app or account that triggers comparison most.

PRAYER

God, help me trust the pace of Your work in my life. Amen.



DAY 5

Breaking Free from Comparison

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Week 1 - Knowing Who You Are

DAILY BIBLE READING (NLT) | Galatians 6:4-5

KEY SCRIPTURE (GALATIANS 6:4, NLT)

"Pay careful attention to your own work, for then you will get the satisfaction of a job well done, and you won't need to compare yourself to anyone else."

Comparison rarely tells the truth. You compare your private struggles with someone else's public highlights. God has given you particular responsibilities, gifts, limits, and opportunities. Faithfulness means paying attention to what He has placed in front of you. Healthy inspiration asks, "What can I learn?" Comparison asks, "Why am I not them?" Return to your assignment.

THINK ABOUT IT

What comparison most often steals your gratitude?

TODAY'S STEP

List five gifts or opportunities God has placed in your current life.

PRAYER

Father, free me from comparison and help me be faithful with what You have given me. Amen.



DAY 6

What God Says About Your Worth

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Week 1 - Knowing Who You Are

DAILY BIBLE READING (NLT) | 1 Peter 2:9-10

KEY SCRIPTURE (1 PETER 2:9, NLT)

"You are a chosen people. You are royal priests, a holy nation, God's very own possession."

Your worth is not decided by your relationship status, résumé, body, bank account, followers, or mistakes. God calls believers chosen and His own. This truth produces humility and confidence, not arrogance. When shame says you are disposable, answer with Scripture. When pride says you are self-made, answer that too. Your worth is received, not achieved.

THINK ABOUT IT

Which false label do you most often accept about yourself?

TODAY'S STEP

Write 1 Peter 2:9 on a card or phone note and read it aloud.

PRAYER

God, replace false labels with Your truth. Help me live as someone who belongs to You. Amen.



DAY 7

Becoming the Person God Is Shaping You to Be

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Week 1 - Knowing Who You Are

DAILY BIBLE READING (NLT) | Philippians 1:3-11

KEY SCRIPTURE (PHILIPPIANS 1:6, NLT)

"God, who began the good work within you, will continue his work until it is finally finished."

Spiritual growth is usually more like construction than instant change. Progress may look ordinary: apologizing sooner, reacting more gently, recognizing temptation earlier, or returning to prayer after drifting. Do not despise small evidence of God's work. Cooperate with the Holy Spirit through Scripture, community, correction, and obedience.

THINK ABOUT IT

Where can you see small evidence of spiritual growth?

TODAY'S STEP

Thank God for one area of growth and choose one area for intentional practice.

PRAYER

Faithful God, continue Your work in me and help me cooperate with You. Amen.



DAY 8

How Do I Discover God's Will?

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Week 2 - Decisions, Purpose, and the Future

DAILY BIBLE READING (NLT) | Romans 12:1-2

KEY SCRIPTURE (ROMANS 12:2, NLT)

"Let God transform you into a new person by changing the way you think. Then you will learn to know God's will for you."

God's will is not only a hidden answer about a job or relationship. It is a life increasingly shaped by truth. Begin with what Scripture clearly teaches. Seek mature counsel. Examine motives, responsibilities, character, and opportunities. When two choices are both wise, you may have freedom to choose. God can lead a surrendered person without dramatic signs.

THINK ABOUT IT

Are you seeking guidance while resisting something already clear?

TODAY'S STEP

Write the biblical principles that apply to one decision you face.

PRAYER

God, renew my mind and align my desires with Yours. Amen.



DAY 9

Purpose Is More Than a Career

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Week 2 - Decisions, Purpose, and the Future

DAILY BIBLE READING (NLT) | Ephesians 2:8-10

KEY SCRIPTURE (EPHESIANS 2:10, NLT)

"We are God's masterpiece. He has created us anew in Christ Jesus, so we can do the good things he planned for us long ago."

A career can be part of your calling, but it cannot carry your entire purpose. Jobs change; your deeper purpose remains: know God, become like Jesus, love people, and use your gifts. You can live that purpose in an office, classroom, warehouse, home, or season of unemployment. Do not wait for the perfect position to become useful.

THINK ABOUT IT

Have you made a job title carry more meaning than it can hold?

TODAY'S STEP

Do one useful, unnoticed act of service today.

PRAYER

Father, use my life for Your good purposes wherever I am. Amen.



DAY 10

Making Major Decisions Without Fear

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Week 2 - Decisions, Purpose, and the Future

DAILY BIBLE READING (NLT) | James 1:5-8

KEY SCRIPTURE (JAMES 1:5, NLT)

"If you need wisdom, ask our generous God, and he will give it to you."

Fear says one imperfect decision will ruin everything. Wisdom considers Scripture, counsel, consequences, motives, responsibilities, and timing. Certainty may never reach 100 percent. Sometimes maturity means choosing the wisest option available and trusting God with what you cannot control. Pray, seek counsel, set a reasonable process, and decide.

THINK ABOUT IT

What fear is making your decision harder than it needs to be?

TODAY'S STEP

Ask two mature believers for counsel and set a decision date.

PRAYER

Generous God, give me wisdom, courage, and humility. Amen.



DAY 11

When God's Timing Feels Too Slow

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Week 2 - Decisions, Purpose, and the Future

DAILY BIBLE READING (NLT) | Psalm 27:7-14

KEY SCRIPTURE (PSALM 27:14, NLT)

"Wait patiently for the Lord. Be brave and courageous. Yes, wait patiently for the Lord."

Waiting can feel like wasted time, especially when friends seem to move ahead. Biblical waiting is active trust: praying, preparing, serving, and obeying while the outcome remains unresolved. Delay is not always denial, and speed is not always blessing. Do not put your whole life on hold until one prayer is answered.

THINK ABOUT IT

What have you postponed while waiting?

TODAY'S STEP

Choose one healthy way to prepare instead of merely worrying.

PRAYER

Lord, give me courage to wait without becoming passive or bitter. Amen.



DAY 12

What to Do When a Door Closes

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Week 2 - Decisions, Purpose, and the Future

DAILY BIBLE READING (NLT) | Acts 16:6-10

KEY SCRIPTURE (PROVERBS 16:9, NLT)

"We can make our plans, but the Lord determines our steps."

A closed door can feel personal. The job, program, relationship, or opportunity did not work out. Grieve honestly, learn what you can, and remain open. A closed door is not proof that God has rejected you. Sometimes He protects, sometimes He redirects, and sometimes ordinary circumstances change. Your identity remains secure when one route disappears.

THINK ABOUT IT

What closed door are you treating as a statement about your worth?

TODAY'S STEP

Write what you learned, what to release, and what option remains open.

PRAYER

God, meet me in disappointment and guide my next step. Amen.



DAY 13

Working with Purpose in an Ordinary Job

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Week 2 - Decisions, Purpose, and the Future

DAILY BIBLE READING (NLT) | Colossians 3:22-24

KEY SCRIPTURE (COLOSSIANS 3:23, NLT)

"Work willingly at whatever you do, as though you were working for the Lord rather than for people."

Not every season includes a dream job. You may be bored, overlooked, or doing work unrelated to your goals. That does not make the season meaningless. Work becomes worship when you practice integrity, excellence, and service because you belong to Christ. Ordinary work develops reliability and serves real people.

THINK ABOUT IT

How would your work change if you treated it as service to Christ?

TODAY'S STEP

Do one task with unusual care, even if no one notices.

PRAYER

Jesus, help me work with integrity and purpose. Amen.



DAY 14

Trusting God with an Uncertain Future

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Week 2 - Decisions, Purpose, and the Future

DAILY BIBLE READING (NLT) | Matthew 6:25-34

KEY SCRIPTURE (MATTHEW 6:34, NLT)

"Don't worry about tomorrow, for tomorrow will bring its own worries. Today's trouble is enough for today."

Uncertainty about career, housing, marriage, money, or the world can consume your attention. Worry creates the feeling of action without producing wisdom. Planning asks what you can responsibly do; anxiety repeats the question after no new action is possible. Bring your needs to God, make a practical plan, and return your attention to today.

THINK ABOUT IT

Which future possibility repeatedly pulls you out of the present?

TODAY'S STEP

Write one practical action and one concern to release to God.

PRAYER

Father, help me plan wisely and live faithfully today. Amen.



DAY 15

Choosing Friends Who Strengthen Your Faith

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Week 3 - Relationships and Emotional Health

DAILY BIBLE READING (NLT) | Proverbs 13:20

KEY SCRIPTURE (PROVERBS 13:20, NLT)

"Walk with the wise and become wise; associate with fools and get in trouble."

Friendships shape what feels normal. The people closest to you influence priorities, dating, spending, habits, and faith. Wise friends can celebrate you and challenge you. They do not pressure you to violate convictions. Be the kind of friend you hope to find: initiate, listen, encourage, apologize, and show up.

THINK ABOUT IT

Who is shaping you most, and in what direction?

TODAY'S STEP

Invite one spiritually healthy person to coffee, a meal, or church.

PRAYER

God, give me wise friends and help me become a faithful friend. Amen.



DAY 16

Dating Without Losing Yourself

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Week 3 - Relationships and Emotional Health

DAILY BIBLE READING (NLT) | 2 Corinthians 6:14-18

KEY SCRIPTURE (2 CORINTHIANS 6:14, NLT)

"Don't team up with those who are unbelievers. How can righteousness be a partner with wickedness?"

Dating can become an identity project where you adjust convictions or boundaries to keep approval. A healthy relationship should not require you to abandon who you are in Christ. Shared faith matters because dating touches purpose, sexuality, money, marriage, and family. Pay attention to character, not only chemistry or potential.

THINK ABOUT IT

Where are you tempted to compromise yourself to keep a relationship?

TODAY'S STEP

Write three nonnegotiable qualities and three healthy boundaries.

PRAYER

Jesus, help me date with wisdom, honesty, and self-respect. Amen.



DAY 17

Being Single Without Feeling Incomplete

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Week 3 - Relationships and Emotional Health

DAILY BIBLE READING (NLT) | 1 Corinthians 7:32-35

KEY SCRIPTURE (PSALM 73:25, NLT)

"Whom have I in heaven but you? I desire you more than anything on earth."

Singleness can feel like a waiting room, especially when marriage is treated as the moment adult life truly begins. Scripture does not describe single people as incomplete. Your deepest wholeness is found in Christ. Singleness can include loneliness, but it also offers freedom for friendship, service, growth, and mission. Do not postpone becoming healthy and spiritually grounded until someone arrives.

THINK ABOUT IT

What have you delayed because you assume life starts after a relationship?

TODAY'S STEP

Do one meaningful thing this week that you have been waiting to do with a partner.

PRAYER

God, help me live fully in this season and find my completeness in Christ. Amen.



DAY 18

Recognizing an Unhealthy Relationship

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Week 3 - Relationships and Emotional Health

DAILY BIBLE READING (NLT) | 1 Corinthians 13:4-7

KEY SCRIPTURE (1 CORINTHIANS 13:4-5, NLT)

"Love is patient and kind. Love is not jealous or boastful or proud or rude."

Not every intense relationship is healthy. Control, manipulation, contempt, isolation, sexual pressure, dishonesty, and fear are not biblical love. Healthy relationships show a pattern of respect, safety, truth, repentance, and growth. Forgiveness does not require unlimited access. If a relationship is unsafe or abusive, seek help from trusted leaders, counselors, family, or appropriate authorities.

THINK ABOUT IT

Do you feel free to be truthful and maintain healthy relationships outside this relationship?

TODAY'S STEP

Talk honestly with one trustworthy, mature person about your concerns.

PRAYER

God, give me courage to see relationships clearly and choose healthy love. Amen.



DAY 19

Setting Healthy Boundaries

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Week 3 - Relationships and Emotional Health

DAILY BIBLE READING (NLT) | Proverbs 4:20-27

KEY SCRIPTURE (PROVERBS 4:23, NLT)

"Guard your heart above all else, for it determines the course of your life."

Boundaries are clear limits that protect time, body, emotions, finances, convictions, and responsibilities. A boundary identifies what you will do, not how you will control another person. Healthy boundaries may disappoint people who benefited from your lack of limits. Speak clearly, kindly, and consistently. You can love someone without saying yes to every request or absorbing every crisis.

THINK ABOUT IT

Where does resentment reveal that you may need a clearer boundary?

TODAY'S STEP

Write one boundary in a calm, specific sentence and practice saying it.

PRAYER

Lord, teach me to love with wisdom and courage. Amen.



DAY 20

Healing from Rejection and Heartbreak

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Week 3 - Relationships and Emotional Health

DAILY BIBLE READING (NLT) | Psalm 34:17-18

KEY SCRIPTURE (PSALM 34:18, NLT)

"The Lord is close to the brokenhearted; he rescues those whose spirits are crushed."

Heartbreak can make you question your value, judgment, and future. God does not rush your grief. Bring Him anger, confusion, memories, and unanswered questions. Avoid using another relationship, constant distraction, or social media monitoring to numb the pain. Healing does not mean the relationship meant nothing; it means the loss no longer controls your identity or direction.

THINK ABOUT IT

What part of the loss are you still avoiding or rehearsing?

TODAY'S STEP

Remove one trigger that keeps reopening the wound and contact a supportive friend.

PRAYER

God, heal what was wounded and restore my hope without hardening my heart. Amen.



DAY 21

Forgiving Without Ignoring the Hurt

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Week 3 - Relationships and Emotional Health

DAILY BIBLE READING (NLT) | Colossians 3:12-13

KEY SCRIPTURE (COLOSSIANS 3:13, NLT)

"Make allowance for each other's faults, and forgive anyone who offends you."

Forgiveness is not calling evil good, denying consequences, or automatically rebuilding trust. It is releasing personal revenge and entrusting justice to God. Serious wounds may require repeated surrender, counseling, boundaries, and time. Reconciliation needs truth, repentance, and safety from both sides; forgiveness can begin even when reconciliation is not possible.

THINK ABOUT IT

What do you fear would happen if you released revenge to God?

TODAY'S STEP

Write an honest prayer naming the hurt and surrendering retaliation.

PRAYER

Merciful God, help me forgive without denying the truth. Amen.



DAY 22

Anxiety About Money and the Future

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Week 4 - Faith in Everyday Life

DAILY BIBLE READING (NLT) | Philippians 4:6-7,19

KEY SCRIPTURE (PHILIPPIANS 4:6, NLT)

"Do not worry about anything; instead, pray about everything. Tell God what you need, and thank him for all he has done."

Money anxiety can make every decision feel dangerous. Prayer does not replace budgeting, work, or wise counsel; it changes who carries the fear. Name what you need, thank God for His past faithfulness, and take responsible action. Your security is not the same as your bank balance. God may provide through employment, community, discipline, and unexpected help.

THINK ABOUT IT

What money fear is most active in your mind right now?

TODAY'S STEP

Review your finances, choose one wise action, and pray over the rest.

PRAYER

Father, give me wisdom, contentment, and trust as I handle money. Amen.



DAY 23

Handling Money God's Way

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Week 4 - Faith in Everyday Life

DAILY BIBLE READING (NLT) | Matthew 6:19-24

KEY SCRIPTURE (MATTHEW 6:21, NLT)

"Wherever your treasure is, there the desires of your heart will also be."

Money is a spiritual issue because it reveals what you trust and love. Biblical stewardship includes earning honestly, spending thoughtfully, saving wisely, giving generously, and avoiding debt that controls you. You do not need a large income to practice faithfulness. Small habits become direction. Use money as a tool for God's purposes rather than letting it become your master.

THINK ABOUT IT

What does your recent spending reveal about your priorities?

TODAY'S STEP

Track every expense for seven days and choose one giving goal.

PRAYER

God, teach me to manage money with wisdom, generosity, and freedom. Amen.



DAY 24

Social Media, Comparison, and Your Soul

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Week 4 - Faith in Everyday Life

DAILY BIBLE READING (NLT) | Romans 12:1-2

KEY SCRIPTURE (ROMANS 12:2, NLT)

"Do not copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think."

Social media can connect, educate, and encourage, but it can also train your attention toward comparison, outrage, envy, and performance. What you repeatedly consume shapes what you desire and fear. Pay attention to your emotional state after scrolling. Use technology intentionally instead of automatically. Your soul needs silence, real relationships, Scripture, and limits.

THINK ABOUT IT

What kind of content most consistently leaves you anxious, angry, or dissatisfied?

TODAY'S STEP

Unfollow or mute five harmful accounts and set one daily time limit.

PRAYER

God, renew my mind and help me use technology without being controlled by it. Amen.



DAY 25

Protecting Your Mind and Thought Life

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Week 4 - Faith in Everyday Life

DAILY BIBLE READING (NLT) | Philippians 4:8-9

KEY SCRIPTURE (PHILIPPIANS 4:8, NLT)

"Fix your thoughts on what is true, and honorable, and right, and pure, and lovely, and admirable."

You cannot control every thought that enters your mind, but you can choose what you welcome, rehearse, and feed. Anxiety, lust, bitterness, and self-criticism grow when repeatedly entertained. Replacing a thought is usually more effective than merely trying not to think it. Bring lies into the light, answer them with truth, and seek help when patterns feel overwhelming.

THINK ABOUT IT

Which repeated thought most needs to be challenged by truth?

TODAY'S STEP

Write the thought, identify the lie, and replace it with a biblical truth.

PRAYER

Holy Spirit, guard my mind and teach me to dwell on what is true and life-giving. Amen.



DAY 26

Sexual Integrity in a Confusing Culture

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Week 4 - Faith in Everyday Life

DAILY BIBLE READING (NLT) | 1 Thessalonians 4:3-8

KEY SCRIPTURE (1 THESSALONIANS 4:3, NLT)

"God's will is for you to be holy, so stay away from all sexual sin."

Culture often treats sexual desire as an authority that should never be questioned. Scripture treats sexuality as a powerful gift meant to be ordered by love, covenant, holiness, and self-control. Sexual integrity is not shame about your body; it is honoring God with it. Bring hidden struggles into safe, mature community. Remove easy access to temptation and build habits that support obedience.

THINK ABOUT IT

What situation, app, or pattern most weakens your boundaries?

TODAY'S STEP

Remove one source of temptation and tell one trustworthy believer your plan.

PRAYER

God, give me purity, honesty, and strength to honor You with my body. Amen.



DAY 27

When You Keep Falling into the Same Sin

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Week 4 - Faith in Everyday Life

DAILY BIBLE READING (NLT) | Romans 6:11-14

KEY SCRIPTURE (ROMANS 6:14, NLT)

"Sin is no longer your master, for you no longer live under the requirements of the law. Instead, you live under the freedom of God's grace."

Repeated failure can convince you that change is impossible. Grace does not deny the seriousness of sin, but it declares that sin is no longer your master. Confess specifically, identify triggers, replace access with boundaries, and involve trustworthy people. Do not only ask, "How do I stop?" Ask what desire, pain, or habit keeps feeding the pattern. Return to Jesus quickly after failure.

THINK ABOUT IT

What usually happens before you fall into this pattern?

TODAY'S STEP

Create a written interruption plan for your most common trigger.

PRAYER

Jesus, thank You that sin is not my master. Help me walk in freedom and truth. Amen.



DAY 28

Finding a Church Where You Can Grow

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Week 4 - Faith in Everyday Life

DAILY BIBLE READING (NLT) | Hebrews 10:23-25

KEY SCRIPTURE (HEBREWS 10:25, NLT)

"Let us not neglect our meeting together, as some people do, but encourage one another."

A church is not a product to consume or a place filled with perfect people. It is a spiritual family where believers worship, learn, serve, practice forgiveness, and carry burdens. Look for faithful Bible teaching, clear commitment to Jesus, accountable leadership, healthy community, and opportunities to serve. Do not wait for a church that matches every preference.

THINK ABOUT IT

Are you evaluating church mainly by preference or by spiritual health?

TODAY'S STEP

Attend consistently for four weeks and speak with a leader about getting connected.

PRAYER

God, lead me to a faithful church and help me become an active, humble member. Amen.



DAY 29

When God Feels Silent

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Final Days - Building a Faith That Lasts

DAILY BIBLE READING (NLT) | Psalm 13

KEY SCRIPTURE (PSALM 13:1, NLT)

"O Lord, how long will you forget me? Forever? How long will you look the other way?"

God's silence can feel like absence, but the Psalms show that faithful people can pray honestly when God feels far away. David names his pain, asks for help, and remembers God's love. Do not manufacture an emotional experience or assume you have failed. Continue in Scripture, prayer, worship, and community. Faith sometimes looks like staying when feelings provide no reward.

THINK ABOUT IT

What have you been afraid to say honestly to God?

TODAY'S STEP

Pray through Psalm 13 using your own words for each line.

PRAYER

God, meet me in the silence and help me trust Your character when I cannot feel Your presence. Amen.



DAY 30

Building a Faith That Survives Pressure

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Final Days - Building a Faith That Lasts

DAILY BIBLE READING (NLT) | Matthew 7:24-27

KEY SCRIPTURE (MATTHEW 7:24, NLT)

"Anyone who listens to my teaching and follows it is wise, like a person who builds a house on solid rock."

A durable faith is built before the storm. Inspiration alone is not a foundation; practicing Jesus' words is. Pressure reveals what your life has been resting on. Build through ordinary rhythms: Scripture, prayer, church, repentance, service, and obedience. Questions are not the enemy of faith, but a faith never practiced will remain fragile.

THINK ABOUT IT

Which spiritual practice is weakest in your current foundation?

TODAY'S STEP

Choose one realistic daily rhythm and schedule it for the next 30 days.

PRAYER

Jesus, build my life on Your words and make my faith steady under pressure. Amen.



DAY 31

Your Life Can Make an Eternal Difference

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Final Days - Building a Faith That Lasts

DAILY BIBLE READING (NLT) | Matthew 5:13-16

KEY SCRIPTURE (MATTHEW 5:16, NLT)

"Let your good deeds shine out for all to see, so that everyone will praise your heavenly Father."

You do not need fame, a huge platform, or a dramatic career to make an eternal difference. Jesus calls ordinary disciples to be salt and light in real places: homes, workplaces, campuses, friendships, neighborhoods, and churches. Influence begins with visible faithfulness, compassion, truth, courage, and service. Your life points beyond itself when people can see the character of Christ through you.

THINK ABOUT IT

Where has God already placed you to bring light?

TODAY'S STEP

Choose one person or place to serve intentionally this week.

PRAYER

Father, use my ordinary life to point people toward Jesus and make an eternal difference. Amen.



Want to Know God Personally?

YOU CAN BEGIN A RELATIONSHIP WITH GOD THROUGH JESUS CHRIST TODAY

The Bible teaches that all people have sinned and fall short of God's perfect standard. God loved us so much that He sent His Son, Jesus, to die for our sins and rise again. When you turn from sin and trust in Jesus, He forgives you, gives you new life, and brings you into a personal relationship with Him.

A PRAYER OF FAITH

Jesus, I know I am a sinner and need Your forgiveness. I believe You died for my sins and rose again. I turn from my old way of life and trust You as my Lord and Savior. Give me new life and help me follow You. Amen.

Tell a mature Christian about your decision and become connected to a Bible-teaching local church. Visit gotamminute.us/start-here for additional help.



Keep Growing

YOUR 31 DAYS ARE A BEGINNING, NOT AN END

Keep reading the Bible, praying honestly, gathering with the church, serving others, and putting truth into practice. Consider reading the Gospel of John next, one chapter at a time. Most importantly, keep your attention on Jesus. He is not merely the beginning of your faith; He is the One who sustains you.

STAY CONNECTED

Website: gotaminate.us

Email: questions@gotaminate.us

YouTube: [@GotaMinute777](https://www.youtube.com/@GotaMinute777)



Scripture Notice

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*Applied to life.
One minute at a time.*

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**YOU WERE MADE
FOR MORE THAN
THIS WORLD.**

**FOLLOW JESUS.
LIVE ON PURPOSE.
MAKE AN ETERNAL
DIFFERENCE.**



Got a Minute?