

 GOT A MINUTE?
TRUTH ROOTED IN SCRIPTURE

SIGNATURE SERIES

LET'S TALK ABOUT CHANGE

Godly change begins when
truth reshapes the heart.

A BIBLICAL STUDY GUIDE
BY GREG BECKER

OVERVIEW

Change That Starts Within

Biblical change is not surface improvement. It is inward renewal that reshapes desires, thinking, and daily living.

SCRIPTURE FOCUS

“Do not be conformed to this world, but be transformed by the renewal of your mind.”

ROMANS 12:2

WHAT BIBLICAL CHANGE IS

It is a Spirit-shaped response to God's grace that produces a new heart, a renewed mind, and a new direction.

WHAT CHANGE IS NOT

It is not self-help, image management, or instant perfection. Outward effort alone cannot produce inward transformation.

THE BIG IDEA

Real change happens when God transforms the heart, renews the mind, and redirects the life.

THREE MARKS OF BIBLICAL CHANGE



1. SURRENDER

Lasting change begins when we stop defending the old life and yield to God.

Romans 12:1



2. RENEWAL

God changes us as His truth reshapes how we think, desire, and decide.

Romans 12:2



3. OBEDIENCE

Transformation becomes visible when truth turns into daily action.

James 1:22

WHERE CHANGE BECOMES VISIBLE



START WITH THE HEART

Ask God to expose what needs to change before asking Him to change your situation.

Psalms 139:23–24



RECEIVE HIS TRUTH

Let Scripture interrupt false thinking and renew your mind.

John 17:17



WALK IN STEP WITH THE SPIRIT

Daily surrender keeps change from becoming shallow or temporary.

Galatians 5:16



PRACTICE NEW OBEDIENCE

Do the next right thing God is showing you to do.

Luke 11:28

KEY TRUTH: God is not only changing what you do. He is changing who you are.

REFLECT. PRAY. ACT.

Let surrender become steady growth.

REFLECTION

- 1 Where is God asking me to change from the inside out?

- 2 What pattern of thinking needs to be renewed by God's truth?

- 3 What one act of obedience would show real change this week?

A PRAYER FOR CHANGE

Jesus, change me where I cannot change myself. Renew my mind, soften my heart, and teach me to obey You with humility and courage. Help me let go of old patterns and walk in the new life You have given me. Make my life reflect Your truth, grace, and holiness. Amen.

THIS WEEK'S APPLICATION

Choose one habit to surrender, one verse to meditate on, and one practical step of obedience to repeat for the next seven days.



ABOUT GREG

Greg Becker is a ministry leader devoted to helping people understand biblical truth and apply it to everyday life. Through Got a Minute?, he offers short, clear, Christ-centered teaching designed to turn brief moments of attention into lasting spiritual growth.

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DON'T JUST ASK GOD TO CHANGE YOUR CIRCUMSTANCES. LET HIM CHANGE YOU.

Real change begins in the heart,
grows through truth, and
becomes visible through obedience.

YOUR CLOSING CHALLENGE

What is one area of your life where you need
to stop resisting change and start surrendering to God?

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