

 GOT A MINUTE?
TRUTH ROOTED IN SCRIPTURE

SIGNATURE SERIES

MARGIN IN MINISTRY

Making room for rest,
prayer, and faithful service.

A BIBLICAL STUDY GUIDE
BY GREG BECKER

OVERVIEW

Why Margin Matters

Serving God faithfully requires more than good intentions. Without margin for prayer, rest, relationships, and reflection, ministry becomes hurried, heavy, and unsustainable.

SCRIPTURE FOCUS

“Come away by yourselves to a desolate place and rest a while.”

MARK 6:31

WHAT MARGIN IN MINISTRY IS

It is intentional space that allows you to abide in Christ, care for your soul, and serve others with wisdom, peace, and endurance.

WHAT MARGIN IS NOT

It is not laziness, avoidance, or lack of commitment. It is a biblical rhythm that keeps ministry from becoming driven by pressure instead of presence.

THE BIG IDEA

Healthy ministry is sustained not by constant activity, but by abiding in Christ and stewarding your limits well.

THREE PRACTICES OF HEALTHY MARGIN



1. ABIDE

Fruitful ministry begins in God's presence, not nonstop pressure.

John 15:5



2. BOUNDARIES

Wise limits protect your calling, your relationships, and your soul.

Proverbs 4:23



3. SHARE THE LOAD

God often sustains ministry through delegation and community.

Exodus 18:17–23

WHERE MARGIN IS BUILT



START WITH REST

Receive rhythms of rest as stewardship, not selfishness.

Mark 6:31



GUARD YOUR YES

Do not say yes to everything; say yes to what God assigns.

1 Corinthians 7:23



LEAVE ROOM TO LISTEN

Make space for prayer, reflection, and direction.

Psalms 46:10



SERVE FROM HEALTH

Ministry lasts longer when it flows from abiding, not burnout.

Galatians 6:9

KEY TRUTH: Margin is not laziness. It is faithful stewardship that keeps ministry healthy and fruitful.

REFLECT. PRAY. ACT.

Let healthy margin protect faithful ministry.

REFLECTION

- 1 Where has busyness crowded out time with God or people I love?

- 2 What boundary do I need to establish or restore?

- 3 What one responsibility can I delegate, delay, or release this week?

A PRAYER FOR MARGIN

Jesus, teach me to serve from abiding, not exhaustion. Quiet the pressure I place on myself. Give me wisdom to set healthy limits, courage to say no when needed, and grace to make room for prayer, rest, and faithful obedience. Let my ministry flow from Your presence. Amen.

THIS WEEK'S APPLICATION

Block out one time for rest, one time for prayer, and one task to delegate or postpone this week.



ABOUT GREG

Greg Becker is a ministry leader devoted to helping people understand biblical truth and apply it to everyday life. Through Got a Minute?, he offers short, clear, Christ-centered teaching designed to turn brief moments of attention into lasting spiritual growth.



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DO NOT CONFUSE EXHAUSTION WITH FAITHFULNESS. MAKE ROOM TO ABIDE, REST, AND SERVE WELL.

Ministry is healthiest when it flows from communion with Christ, not constant urgency.

YOUR CLOSING CHALLENGE

What is one change you need to make so your ministry flows from presence, not pressure?

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