



Got a Minute?

Truth Rooted in Scripture

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WHAT IS Sanctification?



A 5-Page Companion Guide
from **Got a Minute?**

“Be holy, because
I am holy.”

1 Peter 1:16



TRANSFORMED *by Grace.* GROWING *in Holiness.*
BECOMING *like Christ.*

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COMPANION GUIDE OVERVIEW

What Is Sanctification?

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KEY VERSE

1 Thessalonians 4:3 (NLT) | God's will is for you to be holy, so stay away from all sexual sin.

What Is Sanctification?

Sanctification is the ongoing work of God that sets believers apart for Himself and gradually shapes them to become more like Jesus. The moment you place your faith in Christ, you belong to Him. From that point on, God begins changing your desires, your thinking, and your habits so that your life increasingly reflects His character.

What It Is Not

Sanctification is not instant perfection. It does not mean a Christian never struggles, never fails, or never needs repentance. It also is not self-improvement by willpower alone. Sanctification is a grace-driven process. God is the One at work in you, but He calls you to respond with surrender, obedience, and faith.

Why It Matters

Sanctification matters because God did not save you merely to forgive your past. He saved you to transform your present and prepare you for eternity. His goal is not simply that you know about Christ, but that you become like Christ in your attitudes, your words, and your relationships.

IN ONE SENTENCE

Sanctification is the Spirit-powered process by which God makes believers more and more like Jesus in real life.



HOW GOD GROWS US

How Sanctification Happens

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KEY VERSE

Philippians 2:12-13 (NLT) | Work hard to show the results of your salvation... For God is working in you, giving you the desire and the power to do what pleases him.

Through the Holy Spirit

The Holy Spirit lives in every believer and gives the power to say no to sin and yes to holiness. You do not become more like Jesus by your own strength alone.

Through God's Word

Scripture renews your mind, exposes sin, and teaches you how to walk in truth. Sanctification grows where the Bible is opened, believed, and obeyed.

Through Daily Obedience

Small acts of obedience matter. Choosing truth, repentance, purity, forgiveness, and humility are part of how God forms Christlike character in you.

Through Christian Community

God often uses the church, mentors, friends, and spiritual accountability to help you grow. Sanctification is personal, but it is not meant to be isolated.

PRACTICAL TRUTH

Growth is both God's work and your response. Depend on Him fully, and obey Him daily.



LIVING IT OUT

What Sanctification Looks Like

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KEY VERSE

2 Corinthians 3:18 (NLT) | The Lord—who is the Spirit—makes us more and more like him as we are changed into his glorious image.

What Sanctification Looks Like

A sanctified life shows increasing love for God, deeper hatred for sin, greater self-control, more humility, more patience, and a growing desire to please Christ. Progress may be slow, but real spiritual growth will produce real fruit.

When Growth Feels Slow

There will be days when you feel stuck. Do not confuse struggle with failure. The very fact that you are grieved by sin, hungry for change, and drawn back to Christ is often evidence that God is still at work in you.

A Simple Response

Stay close to Jesus. Keep confessing sin quickly. Keep reading Scripture. Keep praying. Keep gathering with other believers. Keep trusting that the God who saved you is also faithful to sanctify you.

REFLECT

Where is God inviting you to surrender more deeply so He can continue shaping you into the likeness of Christ?

PRAYER

Father, thank You for saving me and for not leaving me unchanged. Continue Your work in my heart. Renew my mind, shape my desires, and help me become more like Jesus every day. Amen.



ABOUT GREG BECKER

Greg is the founder of Got a Minute? and has followed Jesus since 1985. He serves in ministry development, church leadership, outreach, and Bible teaching. Through Got a Minute?, he helps people understand biblical truth and apply it to everyday life.

[Learn more at gotamminute.us](https://gotamminute.us)



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