



Got a Minute?

Truth Rooted in Scripture

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WHAT IS Spiritual Blindness?



A 5-Page Companion Guide
from *Got a Minute?*

“If anyone has eyes
to see, let him see.”

Mark 8:18



OPEN YOUR EYES. KNOW THE TRUTH.
FOLLOW JESUS.

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COMPANION GUIDE OVERVIEW

What Is Spiritual Blindness?

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KEY VERSE

2 Corinthians 4:4 (NLT) | Satan, who is the god of this world, has blinded the minds of those who do not believe.

What Is Spiritual Blindness?

Spiritual blindness is the inability to see and understand the truth about God, yourself, and eternity. It is not a problem with physical eyesight, but a condition of the heart and mind. A spiritually blind person may hear the gospel, know religious language, or even appear moral, yet still fail to recognize Jesus as Savior and Lord.

What It Is Not

Spiritual blindness is not the same as lacking intelligence, education, or life experience. Many gifted, successful, and religious people remain spiritually blind because human ability alone cannot reveal spiritual truth. The deepest issue is a heart that resists the light God gives.

Why It Matters

Jesus came to open blind eyes and bring people from darkness into light. Spiritual blindness keeps a person from seeing the seriousness of sin, the beauty of grace, and the glory of Christ. Without spiritual sight, people may remain confident while moving farther from God.

IN ONE SENTENCE

Spiritual blindness is the inability to recognize God's truth because the heart remains closed to His light.



HOW IT HAPPENS

How Spiritual Blindness Happens

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KEY VERSE

Ephesians 4:18 (NLT) | Their minds are full of darkness and they wander far from the life God gives.

A Hardened Heart

When truth is repeatedly resisted, the heart can become calloused. Over time, conviction feels weaker, excuses feel easier, and a person becomes less willing to respond to God.

Deception from the Enemy

Scripture teaches that Satan blinds unbelievers so they will not see the light of the gospel. His strategy is to distract, distort, and keep people satisfied with substitutes for Christ.

Love of Sin

Sin can darken the mind because people often reject truth they do not want to obey. When sinful desires are protected, the heart becomes less willing to admit its need for grace.

Rejection of God's Word

When Scripture is dismissed, twisted, or ignored, spiritual darkness grows. God's Word exposes what is false and points people to Jesus, the true Light.

PRACTICAL TRUTH

Spiritual blindness grows when truth is rejected and fades when the heart turns toward God.

LIVING IT OUT

What Spiritual Blindness Looks Like

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KEY VERSE

John 9:39 (NLT) | I came into this world to give sight to those who do not see, and to show those who think they see that they are blind.

Signs of Spiritual Blindness

Spiritual blindness may appear as indifference toward God, unbelief in the gospel, pride, excuses for sin, anger at biblical truth, or a refusal to repent. A spiritually blind person may defend darkness rather than come into the light.

The Good News

Jesus gives sight to the spiritually blind. When a person turns to Him in faith, the Holy Spirit opens the heart to understand the gospel, recognize sin, and see Christ as Savior and Lord.

A Simple Response

Do not harden your heart when God speaks. Ask Him to show you what you are refusing to see. Turn from sin, believe in Jesus, and receive the light of truth He freely gives.

REFLECT

Is there any area of your life where you have been refusing to see the truth God has already shown you?

PRAYER

Jesus, You are the Light of the world. Open my eyes to see Your truth. Remove hardness from my heart, expose what is false, and help me follow You fully. Amen.



ABOUT GREG BECKER

Greg Becker is the founder of Got a Minute? and has followed Jesus since 1985. He serves in ministry development, church leadership, outreach, and Bible teaching. Through Got a Minute?, he helps people understand biblical truth and apply it to everyday life.

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“For God, who said,
‘Let light shine out of darkness,’
made his light shine in our hearts
to give us the light of the
knowledge of God’s glory
displayed in the face of Christ.”

”

2 Corinthians 4:6 (NLT)



PRAY for others. **SHARE** the gospel.
LIVE in the light of truth.

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